



“Reusable and ecological sanitary pads” project

Place and period:

Kaloleni Primary School, Ndalani, Machakos County, Kenya
Kaloleni Secondary School, Ndalani, Machakos County, Kenya
Najjeera High School, Kampala, Uganda

Year 2021

Context analysis and objectives:

Many girls in need don't have the possibility to buy sanitary pads, so they skip school during their period, they suffer because of the taboo and some of them are cheated by men, who promise them sanitary pads in exchange for intercourse.

So this project's aims are:

- Sensitize and educate girls about the importance of their integrity not to be affected by AIDS, other sexual diseases and to avoid pregnancy.
- Inform about menstruation meaning in the women life, in order not to perceive it as a taboo.
- Inform about the correct use of reusable sanitary pads.
- Empower them about environment responsibilities, making them consider that reusable pads have a low environmental impact.
- Give kits of reusable pads to girls in need and trained about these issues.
- Ask the girls a feedback.

Actors:

- Mrs. Lucy Waweru Nderitu, Headteacher of Kaloleni Primary School, Makuyu Parish Council member and Association *Shamba - Coltivare speranza* partner in Kenya;
- Ms. Nankuba Dorothy, Association *Shamba - Coltivare speranza* partner in Uganda;
- Teachers and/or other good leaders and counselors to train the girls;
- Three groups of girls in need who could test reusable pads from Kaloleni Primary School, Kaloleni Secondary school and Najjeera High School.
- *AFRIPads* Company;
- Italian Association *Shamba - Coltivare speranza onlus*.

Activities:

1. Identify the girls in need, who have the possibility to wash correctly the reusable pads, who may be trained and become reusable pads testers;
2. Buy *AFRIPads* reusable sanitary pads kits in order to let the girls test them;
3. Collect girls feedback and examine it;
4. Some tailors could examine the reusable pads in order to do a survey about their feasibility.

Budget:

27/05/2021: Euros 425 for the purchase of 100 school girls reusable *AFRIPads* kits (20 kits and 20 female undergarments are donated by the Company).